



CUMBERLAND FOOTBALL ASSOCIATION

COACH EDUCATION PROGRAMME 2010



THE FA GOALKEEPER COACHING AWARD (LEVEL 1)

(this course is being run in conjunction with Westmorland FA)

WHO IS THE COURSE FOR?

This course is introduced as the latest qualification in the Goalkeeping Coaching Education structure.

The course has open access and is available to a person or coach over 16 years of age who wants to improve their technical knowledge of goalkeeping.

ENTRY REQUIREMENTS:

- Hold the Level 1 Certificate in Coaching Football
- Valid Emergency Aid Certificate*
- Valid FA Safeguarding Children in Football Certificate*

(*if these certificates are out of date, then you will not be certificated until they have been renewed).

COURSE PROGRAMME:

The course combines theory and practical elements, and on successful completion of the course candidates should be able to:

- Coach basic individual techniques.
- Understand how to develop and improve the Goalkeepers' technique.
- Plan and prepare progressive technical practices.
- Maintain the health and safety of the players and other coaches.
- Maintain the high standards of conduct to promote Association Football

EQUIPMENT:

Candidates need to be suitably attired for the weather with football kits, appropriate footwear and shin pads for all sessions, and should also bring along pen and paper to all sessions. It would also be advisable for you to bring along a change of clothes and a packed lunch.

COURSE FEE:

- £109.00 per candidate

(Please note that if your Club / School / Organisation are paying for your course fee, then you must enclose a letter from your Club stating that they wish to be invoiced with your application form - all fees must be paid in full prior to commencement of the course)

COURSE DATES:

Venue: Frenchfields Sports Pavilion, Carleton Village, Penrith, Cumbria, CA11 8UA		
Dates	Topic	Times
Sunday 9 May 2010	Course Introduction & Practical Demonstrations	9.00am – 5.00pm
Sunday 16 May 2010	Long Term Player Development & Practical Demonstrations	9.00am – 5.00pm
Sunday 23 May 2010	Final Assessment	9.00am – 5.00pm

Please note that attendance is required on each date in order to complete this qualification.

To book onto this course, please visit www.CumberlandFA.com/development and follow the links to booking online, or alternatively please complete and return the enclosed application form with payment.

If you have any queries, please contact Emma Bassett, Football Development Administrator

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