



CUMBERLAND FOOTBALL ASSOCIATION COACH EDUCATION PROGRAMME 2009



THE FA GOALKEEPER COACHING AWARD (LEVEL 1)

WHO IS THE COURSE FOR?

This course is introduced as the latest qualification in the Goalkeeping Coaching Education structure.

The course has open access and is available to a person or coach over 16 years of age who wants to improve their technical knowledge of goalkeeping.

It is highly recommended for a candidate to hold both the FA Emergency Aid Certificate and a Safeguarding Children in Football Certificate, although we will be holding workshops to cover these two modules.

The FA will not certify any candidate with the award until these two modules have been completed.

ENTRY REQUIREMENTS

- Hold the Level 1 Certificate in Coaching Football
- Valid Emergency Aid Certificate
- Valid FA Safeguarding Children in Football Certificate

COURSE PROGRAMME:

The course combines theory and practical elements, and on successful completion of the course candidates should be able to:

- Coach basic individual techniques.
- Understand how to develop and improve the Goalkeepers' technique.
- Plan and prepare progressive technical practices.
- Maintain the health and safety of the players and other coaches.
- Maintain the high standards of conduct to promote Association Football

EQUIPMENT:

Candidates need to be suitably attired for the weather with football kits, appropriate footwear and shin pads for all sessions, and should also bring along pen and paper to all sessions. It would also be advisable for you to bring along a change of clothes and a packed lunch.

COURSE FEE:

- £95.00 per candidate

COURSE DATES:

Dates	Topic	Times	Venue
Sunday 13 September 2009	Theory & Practical	9.00am – 5.00pm	Sheepmount, Carlisle
Sunday 20 September 2009	Theory & Practical	9.00am – 5.00pm	
Sunday 27 September 2009	Theory & Practical	9.00am – 5.00pm	

****Please note that attendance is required for all elements of the course****

To book onto this course, please visit www.CumberlandFA.com/Development and follow the links to booking online, or alternatively please complete and return the enclosed application form.